
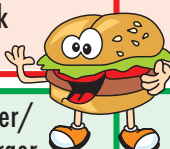





Benjamin Logan | 2023-2024 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Boneless Chicken Wings Cheesy Potatoes WG Roll/Butter Applesauce Cup Milk	Totchos (Taco Meat, Tater Tots, Cheese & Salsa) WG Breadstick Frozen Fruit Slushy Milk	Chicken-N-Noodles Mashed Potatoes WG Roll/Butter Orange Milk	Pepperoni Rippers Side Salad/Romaine Cherry Tomatoes Apple Milk	Chicken Wrap/WG Wrap Romaine Lettuce/ Cheese Baby Carrots/Ranch Grapes/WG Cookie Milk
MENU #2	Bosco Stix Pizza Sauce Baby Carrots/Ranch Pears Milk	Macho Nacho (Taco Meat, Taco Chips, Cheese) Black Bean Salsa or Salsa Cup Romaine Lettuce/Sour Cream Pineapple/Churro Milk	Tomato Soup/Crackers Bosco Stick or Grilled Cheese Grapes Milk	 Pizza Choice California Blend Vegetables Sherbet Fruit Cup Milk	Mac-n-Cheese/ Shredded Pork Green Beans Apple WG Cookie Milk
MENU #3	Hamburger/ Cheeseburger WG Bun/Pickles/ Lettuce/Tomatoes French Fries Pears & Milk	 Walking Taco/ WG Corn Chips Salsa/Refried Beans Romaine Lettuce/ Cheese Pineapple & Milk	Popcorn Chicken Bowl Mashed Potatoes/Gravy Corn WG Roll w/Butter Apple Milk	 Pepperoni Calzone Green Beans Mixed Fruit Milk	Spaghetti/Meat Sauce Side Salad/Romaine/ Cherry Tomatoes Breadstick Applesauce Cup Milk
MENU #4	Sweet & Sour Chicken Rice/Steamed Broccoli Pineapple Fortune Cookie Milk	Cheese Quesadilla/ Salsa Cup California Blend Vegetables Mixed Fruit/Churro Milk	Chicken Legs WG Roll Mashed Potatoes/Gravy Orange WG Cookie Milk	Pizza Choice Side Salad/Romaine Cherry Tomatoes Frozen Fruit Slushy Milk	Country Fried Steak Mashed Potatoes/ Gravy Dinner Roll Applesauce Cup Milk
MENU #5	Chicken Strips Peas & Carrots Pineapple WG Cookie Milk	 Beef Soft Tacos/Salsa Romaine Lettuce/ Tomatoes/Cheese/ Sour Cream Grapes/Churro Milk	Baked Potato/ Shredded Pork/Cheese Baby Carrots/Ranch WG Roll/Butter Fruit Cup Milk	 Pizza Choice California Blend Vegetables Apple Sauce Cup Milk	Chicken Patty Sandwich/WG Bun Romaine Lettuce/ Tomato Waffle Fries Pineapple & Milk

BREAKFAST MENU	
MON	Mini Cinnamon Rolls, Pop Tart, or Strudel Fresh Fruit or Juice Milk
TUES	French Toast Sticks, Muffin or Cereal Fresh Fruit or Juice Milk
WED	Bagel w/Strawberry Cream Cheese, Cereal Bar or Yogurt Fresh Fruit or Juice Milk
THURS	Breakfast Pizza, Pop Tart, or Cereal Fresh Fruit or Juice Milk
FRI	Mini Maple Waffles, Strudel, or Muffin Fresh Fruit or Juice Milk



www.benjaminlogan.org

LUNCH PRICES

K-4 Students\$2.95
5-8 Students\$3.20
9-12 Students\$3.20
Reduced Lunches Free
Adult Lunch\$3.50
Milk\$0.50

BREAKFAST PRICES

K-12 Students\$1.85
Reduced Breakfast Free
Adult Breakfast\$2.00
No Breakfast served on delay days	

Menu is subject to change

- Free and Reduced lunch applications are available online at <https://linqconnect.com> or at each school building office. School Fee waivers may apply if the fee option is selected during the application process.
- Parents are encouraged to create a LINQ Parent Portal account <https://linqconnect.com> to put lunch money on student meal accounts, monitor food item purchases, and have the ability to set spending limits.
- Fat free flavored milk and 1% white milk.
- WG=Whole Grain
- High school and Middle school students can choose daily a second entrée option off the main menu or a chef salad meal.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is an equal opportunity provider and employer.

SEPTEMBER 2023	OCTOBER 2023	NOVEMBER 2023	DECEMBER 2023	JANUARY 2024	FEBRUARY 2024	MARCH 2024	APRIL 2024	MAY 2024
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
1-Teacher PD-No School 4-Labor Day-No School 5-First Day of School (1-12) *6-K-girls *7-K-boys *8-K-All	26-PIT Conf 8:00am-7:00pm 26-27-No School for Students 31-End 1st 9 Weeks (41)	3-Teacher PD-No School *17-2hr Early Release 20-24-Thanksgiving Break	*20-2hr Early Release 21-29-Winter Break	1-3-Winter Break 15-MLK Jr. Day-No School 19-End of 1st Semester (42) {83} 22-Teacher Workday-No School	15-PIT Conf. 3:30-7:00 16-Teacher PD-No School 19-President's Day-No School	20-End of 3rd 9 Weeks (41) *22-2hr Early Release 25-29-Spring Break	8-No School-Solar Eclipse	24-Last Day of School (42) {83} *24-2hr Early Release *Graduation 27-Memorial Day-No School 28-Teacher Workday-No School